



THEWELL™

Programs, Practices & Connection at the
Intersection of Arts and Wellness

Ready for Connection?

Contact us

Listen to Camp Washington's Favorite Sounds

NEIGHBORHOOD SONGLINES

NEW MUSIC FOR



**MINDFUL
MUSIC
MOMENTS.**

BY JENN HOWD



For Mindful Music Moments

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MYTRUESELF™



For My True SELF and True Body Project

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The Well is nourished by the non-profit organization A Mindful Moment. Our mission is to improve the mental and emotional well-being, connectedness, and effectiveness of all citizens through arts integration, mindfulness, music, movement, and healing-centered practices.

The Well and sound artist/composer,
Jenn Howd, asked people in two neighborhoods:

What's your favorite sound?

Jenn collected clips of the sounds, created sound maps of the neighborhoods for community sound walks, and turned them into musical collages for The Well's "Mindful Music Moments" program.

Learn more about this project at:

THEWELL.WORLD/NEIGHBORHOOD-SONGLINES



THEWELL.WORLD

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in partnership with



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SONIC MAPS TECH HELP & FAQ

>>> Is an internet connection required to experience the sound walk?

An internet connection is required to initially access the SonicMap using either cellular data or a Wifi connection. You can download the map to access the SonicMap without an internet connection.

>>> When I open the map, my current location is not being displayed.

SonicMap uses your smart phone's GPS and Location Services to play the sounds when you walk to different areas on the map. Ensure you have Location Services enabled and your browser has permission to use this service. For further GPS troubleshooting, scan the QR code below.

>>> Can I experience the map remotely?

Yes. You can experience the SonicMap for Camp Washington and Greater Cincinnati from your phone or laptop at home. Simply scan the QR code to the left, or use the URL: SONICMAPS.XYZ/PLAYER/?P=1023

SCAN QR CODES FOR MORE INFORMATION:

MORE TECH FAQ



SONICMAPS.XYZ/FAQ.HTML

GPS TROUBLESHOOTING



SONICMAPS.XYZ/TROUBLESHOOTING-GPS-ISSUES.HTML

LISTEN TO JENN'S NEW MUSIC



BIT.LY/MMMCOMMISSIONS

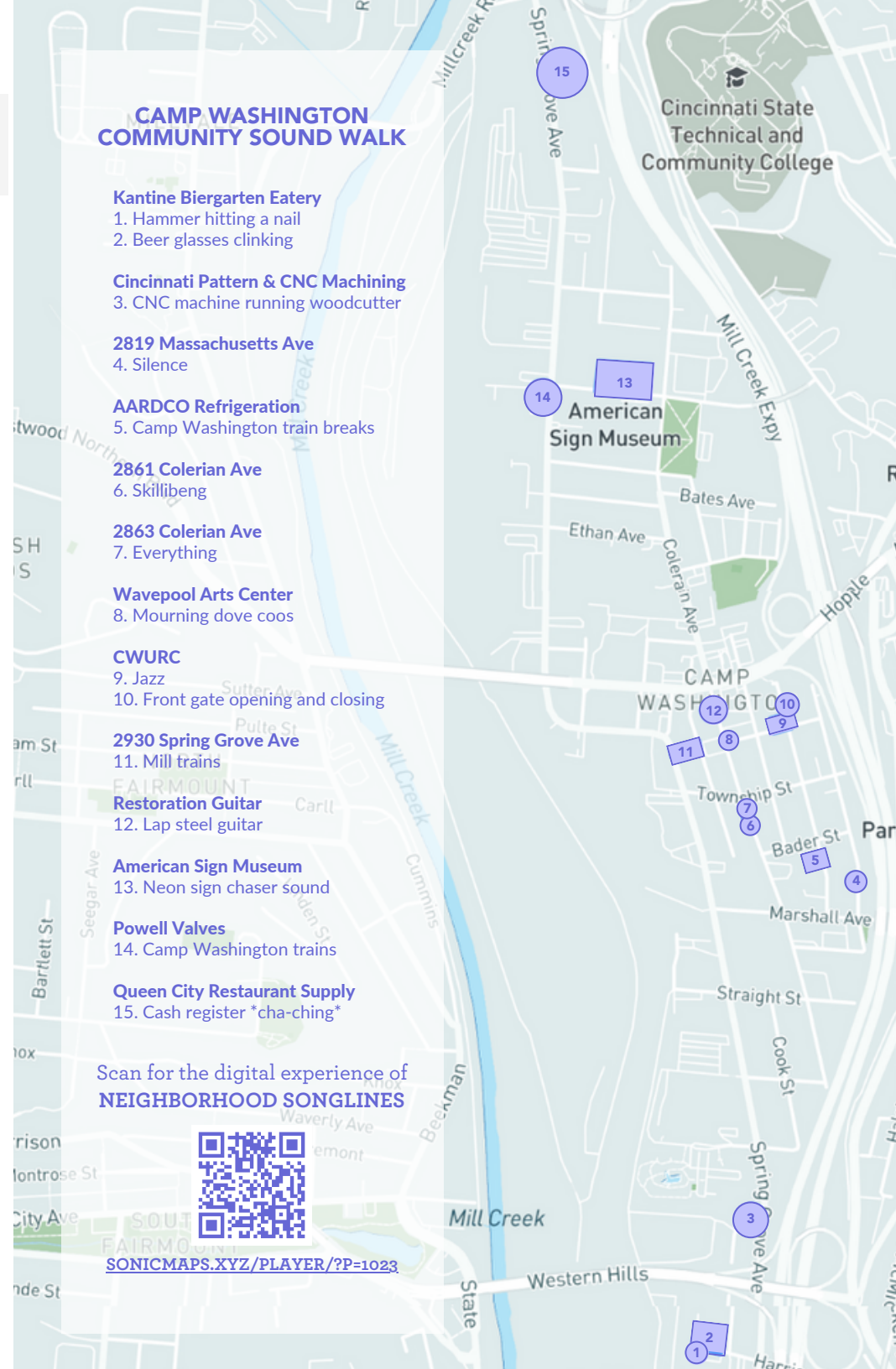


JENN HOWD

Jenn Howd is a Cincinnati-based sound artist/musician. They also composed "Fiona's Lullaby" for Mindful Music in 2021 with Ben Sloan and the Cincinnati Zoo.

LISTEN TO THE SONGLINES:

"Camp Washington Dreams" and "A Pleasant Promenade"



Scan for the digital experience of
NEIGHBORHOOD SONGLINES



SONICMAPS.XYZ/PLAYER/?P=1023